

Sport and Physical Activity (Sports Coaching)

Ideal if: you want to learn about the sports industry and specialise in sports development, fitness and coaching.

You'll learn: talent identification and development, fitness testing, sports coaching, events organisation, sports psychology and performance, anatomy and physiology.

Expect: to be put through your paces physically and mentally, making you and your CV invaluable.

You'll love: a range of specialist units, including analysing sports performance and the chance to volunteer at a range of school sports events.

This course aims to provide you with the specialist knowledge, skills and understanding relating to the sport and physical activity sector, in areas such as exercise and lifestyle and preparing for a career in sport. These can be applied to your current or future aspirations of higher education or employment in a variety of roles. The content has been developed with employers, subject experts and tutors to ensure that its relevant.

The course will include a range of modules such as:

Exercise, health and lifestyle
Preparing for a career in sport and physical activity
Sports coaching
Assessing risk in sport

Do you aspire to be a sports coach, development officer or a fitness instructor? If a career in sports is what you're after, prepare yourself with the level 3 sport course offered at Gloucestershire College. With our fantastic sports facilities and links within the sports industry you're in the right place to gain your qualification, which is equivalent to 3 A-levels.

The Level 3 Sport course will put you ahead of the game not only due to the course but also with all of the additional qualifications but also the trips and experiences that you will have whilst on the course making your CV or UCAS application even more interesting! You'll learn about the three main areas of sport - development, coaching and fitness. Units will include anatomy and physiology, training and fitness, fitness testing, sports development and sports coaching.

There is a range of specialist units you will study too including analysing sports performance, sports psychology and organising sports events for local Primary and Secondary Schools.

You will also be given the chance to go on trips and other activities outside the college which will add value to your course and are compulsory. You will be provided with a Gloucestershire College Sports kit. The tutors also have great links with the sports industries, enabling opportunities to our students not otherwise available. Full details, including the charges, will be given to you at the beginning of the course.

You will need to complete relevant work placement as part of your course. You will have support whilst at College to arrange this but it is advised to start thinking about it prior to enrolment.

Apply now at www.gloscol.ac.uk or call 0345 155 2020

Entry Requirements

Typical Entry Criteria Five GCSE subjects at Grade 4 and above including: GCSE English Language or Literature at Grade 4 and above or GCSE Maths at Grade 4 and above Four other GCSE subjects at Grade 4 and above Gloucestershire College welcome any other/combinations of relevant qualifications that are comparable and/or equivalent to the typical course entry requirements.

For 19+ applicants that do not have recognised qualifications may still meet course entry requirements through alternative methods of assessment at the College's discretion.

All queries regarding course entry criteria including the equivalency of qualifications and exceptional extenuating circumstances should be directed by email to the Admissions Department through applications@gloscol.ac.uk.

What's Next

Upon completion, you may move on to other higher education courses specialising in sport. You may also seek employment directly in industry

Your Options

	Start Date	End Date	Course Level
Sport (Full Time)			
Gloucester	06/09/24	28/06/26	3

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